


APPROVE  
President  
International Mas-Wrestling  
Federation

  
Alexander Akimov  
2019



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Vice-President  
Mas-Wrestling Federation of  
Uzbekistan

  
Ilgam Kadyrov  
2019

**REGULATION**  
**Mas-Wrestling International Open**  
**Tournament**  
**among senior boys and girls**  
**within the framework of**  
**Mas-Wrestling World Cup 2019: 2nd Stage**

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**Mas-Wrestling World Cup 2019: 2nd Stage**  
August 15–19, 2019, Almalyk (Uzbekistan)

**1. Dates and venue**

Mas-Wrestling International Open Tournament among senior boys and girls within the framework of Mas-Wrestling World Cup 2019: 2<sup>nd</sup> Stage will be held on August 15-19, 2019 in Almalyk, Uzbekistan. The day of arrival is August 19, 2019, the day of departure is August 19, 2019.

Program of the competition\*:

August 15 (Thursday) – Day of arrival.

August 16 (Friday)

10:00-14:00 – The work of the commission for registration and admission of participants;

15:00-17:00 – Weighing and drawing of participants:

Senior boys up to 50 kg, 60 kg, 70 kg, 80 kg and over 80 kg;

Senior girls up to 50 kg, 60 kg, 70 kg and over 70 kg;

17:00-18:00 – Meeting of the jury with coaches and representatives of the participating countries.

August 17 (Saturday) – 1<sup>st</sup> Day of the competition:

10:00-17:00 – Preliminary and semifinal bouts:

Senior boys up to 50 kg, 60 kg, 70 kg, 80 kg and over 80 kg;

Senior girls up to 50 kg, 60 kg, 70 kg and over 70 kg;

August 18 (Sunday) – 2<sup>nd</sup> Day of the competition.

10:00-18:00 – Final bouts:

Senior boys up to 50 kg, 60 kg, 70 kg, 80 kg and over 80 kg;

Senior girls up to 50 kg, 60 kg, 70 kg and over 70 kg;

August 19 (Monday) – Day of departure.

\* There may be changes in the program of the competition.

**2. Terms of participation**

Senior boys and girls born in 2004-2005 who have undergone a medical examination and who do not have contraindications to strength sports are allowed to participate in the competitions on request from national mas-wrestling federations.

National federations may, if they wish, include in their delegation 1 (one) referee of the appropriate category to work as part of the competition panel of judges.

Participants are required to perform in sports clothes in accordance with the rules of the International Mas-Wrestling Federation:

- men - shorts for mas-wrestling (tight-fitting or loose fit, up to or below the knees) of an established IMWF pattern, red or blue (by lot);

- women – mas-wrestling shorts (tight-fitting or loose-fitting, up to or below the knees) and a sports jersey (t-shirt, top or t-shirt with long sleeves), an IMWF-installed red or blue pattern (by lot). It is prohibited to mix blue and red t-shirts (T-shirts, T-shirts or long sleeves) and shorts.

- competitors must compete in sports shoes with a soft sole without spikes. It is prohibited to use shoes with heels, with a sole, lined with nails, buckles or other metal, plastic and pointed elements.

In order to prevent sports injuries, the use of the following personal attributes is allowed:

- elastic bandages not wider than 25 cm;
- special belts with a width of not more than 10 cm, while the weight of the belt should not exceed 1.5 kg;
- knee pads and elbow pads with a width of no more than 30 cm.
- handhelds that are not larger than the width and height of the athlete's palm, while using any foreign liquid substances for the treatment of handhelds;
- sports taping;
- means without adhesive properties in the form of powders (magnesia, rosin), liquid magnesia.

### **3. Applications for participation**

Preliminary applications indicating the number of athletes, coaches and representatives must be submitted until August 1, 2019 at:

- Russian Federation, Yakutsk, Kirov st. 20 building 1, International Mas-Wrestling Federation, e-mail: [imwf@mail.ru](mailto:imwf@mail.ru), tel. : +7 411 2 508 572;
- Uzbekistan, Almalyk, e-mail: [mas-wrestling.uz@mail.ru](mailto:mas-wrestling.uz@mail.ru), тел. +998931827111.

The application for registration and admission of participants to the competition is submitted by applications signed by the head of the national federation and the doctor, as well as the following documents for each athlete:

- passport;
- life and health insurance policy against accidents (original);

### **4. Visa**

Delegations of countries that need a visa to stay in Uzbekistan should send a list of participants to the organizers in advance indicating full names, gender, passport numbers (also their dates of issue and validity), dates of birth, scanned copy of the first informative page passports.

### **5. Conditions of the competition**

Competitions are personal in nature and are held according to the rules of the International Mas-Wrestling Federation.

Depending on the number of participants in the weight categories in the system of the competition, changes are possible according to the rules of the competition:

- for 6 or more athletes in the weight category according to the system with elimination after two defeats, with division into groups "A" and "B";
- for 5, 4 or 3 athletes in the weight category a circular system is applied;
- for 2 or less athletes in the weight category, the weight category joins the next weight category.

Weight categories:

- Senior boys up to 50 kg, 60 kg, 70 kg, 80 kg and over 80 kg;
- Senior girls up to 50 kg, 60 kg, 70 kg and over 70 kg.

The final results (protocols) on paper and electronic media are submitted to the International Mas-Wrestling Federation within two weeks from the date of the end of the competition.

#### **6. Insurance of the competitors**

Participation in competitions is allowed only if there is an original contract for life and health insurance against accidents for each participant, which is provided to the commission for registration and admission of participants. Participants are insured at the expense of sending organizations.

#### **7. Security and Safety**

Competitions are held at sports facilities that meet the requirements of the relevant regulatory legal acts in force in Uzbekistan and aimed at ensuring public order and the safety of participants and spectators, provided there are acts of readiness of sports facilities to conduct events approved in the prescribed manner.

The competition venues must have qualified medical personnel.

#### **8. Financing**

Expenses for the preparation and conduct of competitions are borne by the International Mas-Wrestling Federation, the Republican National Sports Center of the Republic of Sakha (Yakutia) named after V. Manchaary, Mas-Wrestling Federation of Uzbekistan and the Organizing Committee of the venue on the basis of equity.

The costs of secondment of competitors (travel, accommodation, food, insurance, visa expenses) are borne by the sending organization.

#### **9. Awarding**

Participants who took 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places in weight categories are awarded with medals and diplomas.

#### **10. Marketing and advertisement**

The Organizing Committee guarantees that the sponsorship rights of partners and sponsors of the International Mas-Wrestling Federation, stipulated in the relevant agreements, including the marketing guidelines of the International Mas-Wrestling Federation.

#### **11. Mass media**

The Organizing Committee guarantees the provision of appropriate working conditions at the event for accredited media representatives in accordance with the guidelines of the International Mas-Wrestling Federation about Mass Media.