

APPROVE
President
Moscow Mas-Wrestling
Federation



Igor Galutva

, 2026

APPROVE
President
All-Russian Mas-wrestling
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President
International Mas-Wrestling
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Alexander Akimov

, 2026

REGULATIONS
for the UNITY CUP
International Mas-Wrestling Tournament
as part of the VI Festival of Non-Olympic Sports
at VDNH

Moscow, Russia. 2026

REGULATIONS

on holding of the Unity Cup International mas-wrestling tournament as part of the VI Festival of Non-Olympic Sports at VDNH

Aims and objectives

Unity Cup International mas-wrestling tournament within the V National Sports Festival in VDNH (hereinafter referred to as the Cup) is held with the aim of promotion and development mas-wrestling in the world and aimed to:

- strengthening friendly international sports ties and cooperation between the peoples of the world;
- popularization of an active healthy lifestyle;
- determining the strongest athletes.

Date and venue

The Cup will be held July 11-13, 2026 in Moscow, Russia, at the address: Exhibition of Achievements of National Economy, Prospekt Mira, 119.

Competition Program:

July 11 (Saturday) – Arrival Day

July 12 (Sunday) – Competition Day

10:00–11:00 – Participant Admission, Weigh-in, Draw

11:00–12:00 – Mas-Wrestling Master Classes

12:00–13:00 – Qualifying and Elimination Bouts

14:00–14:30 – Opening Ceremony, Participants' Parade

14:30–16:00 – Consolation and Semi-Final Bouts

16:00–17:00 – Final Bouts

17:00 – Award Ceremony

July 13 (Monday) – Departure Day

Note: The program is subject to change.

Management

General management of preparation of the Cup is a joint effort between the International Mas-wrestling Federation, All-Russian Mas-wrestling Federation, Moscow Mas-wrestling Federation, State Budgetary Institution of the Republic of Sakha (Yakutia) «Republican Center of National Sports named after Vasiliy Manchaary», Mas-wrestling Development Fund «Planet Mas-wrestling».

Participation terms

The Cup is held as an individual competition for men and women aged 18 and older who have passed a medical examination and have no contraindications to strength sports, upon application from national federations or authorized bodies.

Weight categories:

- men: 70 kg, 80 kg, 90 kg, 105 kg, 125 kg, 125+ kg;
- women: 70 kg, 70+ kg.

Participants are required to perform in sportswear in accordance with the rules of the International Mas-wrestling Federation.

Competition Format:

- categories with 5 or less than 5 participants to be held according to a round robin system;

- categories with 6 or more athletes to be held according to a double-elimination system.

- for 2 and 1 athletes in a weight category, the weight category is added to the next weight category.

Depending on the number of participants, a change in the system of the competition is possible.

Awarding

Top three athletes (1st, 2nd and two 3rd places) in each weight category are awarded with medals, diplomas and memorable prizes.

Insurance of participants

Participation in the competitions is allowed only in case of presence a life and health insurance policy against accidents (original) for each person, which is submitted to the commission for registration and admission of participants.

Insurance for participants is provided at the expense of the sending organizations.

Safety

The competition will be held at a venue that meets the requirements of the relevant regulatory legal acts in force in the Russian Federation, aimed at ensuring public order and the safety of participants and spectators.

Qualified medical personnel should present in the competition venue.

Financing

All costs connected with the preparation and holding of competitions carry the International Mas-wrestling Federation, All-Russian Mas-wrestling Federation, Moscow Mas-wrestling Federation, State Budgetary Institution of the Republic of Sakha (Yakutia) «Republican Center of National Sports named after Vasilii Manchaary», Mas-wrestling Development Fund «Planet Mas-wrestling».

Expenses of the Cup's participants (travel, accommodation, meals, insurance, and visa expenses) are carrying by the sending organizations.

The International Mas-wrestling Federation provides awards and souvenirs for the Cup participants and organizers.

Visa

Delegations, which are needed VISA for entrance and stay on the territory of Egypt, shall require an invitation at the address: imwf@mail.ru.

Application for participation

Preliminary applications (with indicating the number of athletes, coaches and representatives) for participation in the tournament should be submitted until June 20, 2026:

- Moscow Mas-wrestling Federation – Igor Galutva moskmas@gmail.com;
- IMWF, Lena Tomskaya, toms kayalena@gmail.com.

This Regulation is the official invitation to the competition.