


APPROVE
President
Asian Mas-Wrestling Federation


I.M. Kadyrov
«24» *Avyema* 2023

APPROVE
I Vice-president
International Mas-Wrestling Federation


I.Y. Grigoriev
«23» *66* 2023

REGULATION ON HOLDING THE V WORLD MAS-WRESTLING CHAMPIONSHIP

1. Date and Venue:

The World Championship is held as part of the First International Ethnosport Festival, from September 6th to 10th, 2023, at the «Ichan-Kala» Complex in Khiva, Uzbekistan.

Arrival day: September 6-7, 2023; **Departure day:** September 10-11, 2023.

2. Competition Conditions and Participants:

The World Championship is held in three age categories:

1. Men and women: 18 years and older;
2. Boys and girls aged 16-17 (born in 2006-2007). Athletes born in 2008 or later are not allowed to compete;
3. Veterans. Men and women aged 40 and older (born in 1983 or earlier).

Participants' age in points 2 and 3 is determined by their year of birth.

Athletes who have undergone a medical examination and have no contraindications for engaging in strength sports, based on applications from national federations or authorized bodies, are eligible to participate in the competition.

The competitions are of individual and team nature and are held according to the current rules of the International Federation of Mas-Wrestling.

3. Requirements for Equipment and Inventory:

The participants' equipment for the championship must comply with the requirements of Article No. 5 of the current International Mas-Wrestling rules.

For boys and men, red or blue Mas-Wrestling shorts with the inscription «Mas-Wrestling» are required. Other sport-related inscriptions are not allowed.

For girls and women, red or blue Mas-Wrestling shorts and a sports tank top (t-shirt or crop top) with the inscription «Mas-Wrestling» are required. Other sport-related inscriptions are not allowed. Mixing colors, such as red top and blue shorts or vice versa, is prohibited.

Only inscriptions according to Appendices No. 9, 10, 11, and 12 of the current International Mas-Wrestling rules are allowed on the sports equipment.

Coaches and seconds who accompany athletes to the platform must be dressed in sports uniforms featuring the symbolism of the country represented by the athlete.

At the discretion of the Chief Referee of the championship and upon the recommendation of the competition doctor, if a competitor sustains a hand injury with bleeding, the use of handguards not exceeding the width and height of the competitor's hand is allowed. The use of any foreign liquid substances for treating handguards is prohibited; they must have a dry surface.

4. Special Conditions:

1. The championship is held outdoors under a canopy.
2. Competitions for boys and girls take place on a support board with a height of 24 cm.

5. Weight Categories:

Men: 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 90 kg, 105 kg, 125 kg, and 125+ kg;

Women: 55 kg, 65 kg, 75 kg, 85 kg, and 85+ kg;

Boys: Up to 50 kg, up to 60 kg, up to 70 kg, up to 80 kg, and 80+ kg;

Girls: Up to 50 kg, up to 60 kg, up to 70 kg, and 70+ kg;

Veterans - Men: 65 kg, 75 kg, 85 kg, and 85+ kg;

Veterans - Women: 65 kg and +65 kg.

Determination of Winners in the Team Standings

The team results are determined using a point system based on the medals won in each of the three categories:

1. Men and women: 18 years and older.
2. Boys and girls aged 16-17.
3. Veterans: Men and women aged 40 and older.

Points are awarded as follows: 1st place - 12 points, 2nd place - 8 points, 3rd place - 5 points. In case of a tie in points for two or more teams, the advantage goes to the team that has won the highest number of 1st, 2nd, 3rd, and subsequent places.

The final results (protocols) in both paper and electronic formats must be submitted within two weeks from the end of the sporting event.

Contact Information for Organizers: Russia, Yakutsk, Kirov Street, building 20/1, International Mas-Wrestling Federation, e-mail: imwf@mail.ru, tel. +7 4112 508-572; WhatsApp +79644261900

Russia, Moscow, Myasnitskiy proezd, building 3, off. 611, International Mas-Wrestling Federation, E-mail: len-atom@mail.ru, WhatsApp +79263192088;

Uzbekistan, Olmaliq, President Asian Mas-Wrestling Federation Kadyrov I.M., tel.+998931827111, E-mail: ilgam.energy@mail.ru

Competition Schedule:

September 7th (Thursday)

Venue: "Ichan-Kala" Complex, Hotel "Orient Star," Auditorium

10:00 – 13:00: Registration and admission of participants by the commission

14:00 – 17:00: Weighing and drawing of participants:

Men: 60 kg, 70 kg, 80 kg, 105 kg, 125+ kg;

Women: 65 kg, 85 kg;

Boys: Up to 50 kg, up to 70 kg, 80+ kg;

Girls: Up to 60 kg, 70+ kg;

Veterans - Men: 75 kg, 85+ kg;

Veterans - Women: +65 kg.

17:00 – 18:00: Meeting of the referee panel with coaches and country representatives.

September 8th (Friday) – First Day of Competitions,

«Ichan-Kala» Complex, Kalta-Minor

09:00 – 09:30: Opening ceremony of the championship;

09:45 - 13:00: Preliminary and qualifying matches:

Men: 60 kg, 70 kg, 80 kg, 105 kg, 125+ kg;

Women: 65 kg, 85 kg;

Boys: Up to 50 kg, up to 70 kg, 80+ kg;

Girls: Up to 60 kg, 70+ kg;

Veterans - Men: 75 kg, 85+ kg;

Veterans - Women: +65 kg.

15:00 – 17:00: Preliminary and qualifying matches:

Men: 60 kg, 70 kg, 80 kg, 105 kg, 125+ kg;

Women: 65 kg, 85 kg;

Boys: Up to 50 kg, up to 70 kg, 80+ kg;

Girls: Up to 60 kg, 70+ kg;

Veterans - Men: 75 kg, 85+ kg;

Veterans - Women: +65 kg.

16:00 – 17:30: Semifinal and final matches:

Men: 60 kg, 70 kg, 80 kg, 105 kg, 125+ kg;

Women: 65 kg, 85 kg;

Boys: Up to 50 kg, up to 70 kg, 80+ kg;

Girls: Up to 60 kg, 70+ kg;

Veterans - Men: 75 kg, 85+ kg;

Veterans - Women: +65 kg.

17:30 – 18:30: Awarding ceremony for champions and medalists;

15:00 – 17:00: Weighing and drawing of participants:

Men: 65 kg, 75 kg, 90 kg, 125 kg;

Women: 55 kg, 75 kg, and 85+ kg;

Boys: Up to 60 kg, up to 80 kg;

Girls: Up to 50 kg, up to 70 kg;

Veterans - Men: 65 kg, 85 kg;

Veterans - Women: 65 kg.

***September 9th (Saturday) – Second Day of Competitions,
«Ichan-Kala» Complex, Kalta-Minor***

09:00 - 13:00: Preliminary and qualifying matches:

Men: 65 kg, 75 kg, 90 kg, 125 kg;

Women: 55 kg, 75 kg, and 85+ kg;

Boys: Up to 60 kg, up to 80 kg;

Girls: Up to 50 kg, up to 70 kg;

Veterans - Men: 65 kg, 85 kg;

Veterans - Women: 65 kg.

14:00 – 16:00: Preliminary and qualifying matches:

Men: 65 kg, 75 kg, 90 kg, 125 kg;

Women: 55 kg, 75 kg, and 85+ kg;

Boys: Up to 60 kg, up to 80 kg;

Girls: Up to 50 kg, up to 70 kg;

Veterans - Men: 65 kg, 85 kg;

Veterans - Women: 65 kg.

16:00 – 18:00: Semifinal and final matches:

Men: 65 kg, 75 kg, 90 kg, 125 kg;

Women: 55 kg, 75 kg, and 85+ kg;

Boys: Up to 60 kg, up to 80 kg;

Girls: Up to 50 kg, up to 70 kg;

Veterans - Men: 65 kg, 85 kg;

Veterans - Women: 65 kg.

18:00 – 19:00: Awarding ceremony for champions and medalists;

19:00 – 19:30: Closing ceremony of the championship.

September 10th (Sunday) - Departure day

*Changes in the competition schedule are possible.