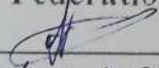
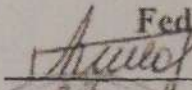


APPROVED
Chairman of the Board
Mas-Wrestling
Federation of Latvia

A. Rukmanis
« 1. » *march* 2019

APPROVED
President
International Mas-Wrestling
Federation

A.K. Akimov
« 27 » *February* 2019



REGULATIONS
Mas-Wrestling European Championship in
absolute weight category
(among men & women)

REGULATIONS

Mas-Wrestling European Championship in absolute weight category

Targets and goals

Competitions are held with the aim of promoting and developing mas-wrestling in the world and set the following tasks:

- Strengthening friendly sports relations between European countries;
- Identification of the strongest European mas-wrestling athletes.

Dates and venues of the competition

Competitions are held from May 24 to May 27, 2019 at the address: Krasta street 76, Lido Recreation Center, Riga, Latvia. The day of arrival and registration of participants is May 24, 2019, the day of departure is May 27, 2019.

Competition program: *

May 24, 2019 (Friday) - day of arrival;

May 25, 2019 (Saturday) - the work of the commission for registration and admission of the participants, the weigh-in ceremony and draws of participants;

May 26, 2019 (Sunday) - competitive day;

May 27, 2019 (Monday) - the day of departure.

* The program of the competition is subject to change.

Competition Management

The overall management of the preparation and conduct of the Mas-Wrestling European Championship in the absolute weight category is provided by the International Mas-Wrestling Federation, Mas-Wrestling Federation of Latvia and the Republican National Sports Center of the Republic of Sakha (Yakutia) named after V. Manchaary.

The direct conduct of the competition rests with the Main Jury, approved by the International Mas-Wrestling Federation.

Competitors

Athletes (men and women) participate in the competition on request from national mas-wrestling federations, at least 18 years old on the day of the competition, who have undergone a medical examination and have no contraindications to strength sports. National mas-wrestling federations have the right to put up to 2 (two) athletes in each category. The Latvian Mas-Wrestling Federation, as a host, is entitled to put up to 4 athletes in each category.

Participants are required to perform in sports uniform in accordance with the rules of the International Mas-Wrestling Federation:

- men - shorts for mas-wrestling (tight-fitting or loose fit) of an established IMWF pattern, red or blue (by lot);

- women - shorts for mas-wrestling (tight-fitting or loose fit) and a sports jersey (t-shirt, top) of an established IWMF pattern in red or blue (by lot). It is forbidden to mix blue and red t-shirts (tops) and shorts.

- competitors must compete in sports shoes with a soft sole without spikes. It is forbidden to use shoes with heels, with the sole, lined with nails, with buckles or other metal, plastic and pointed elements.

Insurance of the Competitors

Participation in competitions is carried out only in the presence of the original contract of life and health insurance against accidents, which is provided to the commission for registration and admission of participants. Participants are insured at the expense of sending organizations.

Competition conditions

Competitions are personal and are held in the absolute weight category among men and women according to the current rules of the International Mas-Wrestling Federation, according to the system of elimination after two defeats, divided into groups "A" and "B".

In the first round, pairs are drawn up according to the draw. If there is an odd number of athletes, one of them, according to the draw, is free from a duel in 1 lap. In the 2 round athlete is located in the upper part of the table of group "A". After the first round, athletes in each weight category are divided into two groups:

“A” for athletes who have no defeat;

“B” for athletes who have one defeat.

In subsequent circles, athletes who were free in the previous round are located at the top of the table of their group.

Athlete who lost in group "A" is eliminated to group "B". The winners form the pairs of the next round of group “A”. Fights in group “B” begin with the second round, where those who lost in the first round compete.

The participant, who was defeated in group “B”, leaves the competition.

In the upper part of the group "B", the next pairs of athletes from the group "B", who won in the previous round are formed. Then pairs of athletes retired from group "A" are formed.

In group "A" competitions continue until the two strongest athletes are identified. The winner of the fight between them takes the 1st place, the defeated one - the 2nd place.

In group "B" competitions continue until the identification of two strongest athletes who occupy two third places.

If in group "B" there are two athletes who previously met in group "A", then the athlete from the red side of this pair changes places with the athlete from the blue side of the previous pair.

In the system of competitions, changes are possible depending on the number of participants according to the rules of the competition.

Weight categories:

- Men - absolute weight category (minimum weight 90 kg);

- Women - the absolute weight category (minimum weight 75 kg).

The final results (protocols) on paper and electronic media are submitted to the International Mas-Wrestling Federation within two weeks from the date of the end of the sporting event.

Awarding

Participants who took first, second and third places will be awarded with diplomas, medals and cash prizes.

Security

Competitions are held at sports facilities that meet the requirements of the relevant regulatory legal acts acting in Latvia and aimed at ensuring public order and the safety of participants and spectators, provided there are acts of readiness of sports facilities to conduct events approved in the established manner.

The competition venues must have qualified medical personnel.

Financing

All expenses associated with the preparation and conduct of sports competitions, on the terms of equal participation, are borne by the International Mas-Wrestling Federation, the Latvian Mas-Wrestling Federation and the Republican National Sports Center of the Republic of Sakha (Yakutia) named after V. Manchaary.

Travel, accommodation, meals and visa costs are borne by the sending organization (national federations).

Visa

Delegations of countries that need a visa to stay in Latvia should send the organizers a list of participants to receive an invitation for a visa with full names, gender, passport numbers (also their dates of issue and validity), dates of birth, scanned copy of the first informative page of the passport before May 1, 2019.

Applications

Preliminary applications indicating the number of athletes, coaches and representatives must be submitted before May 1, 2019 at:

- Russian Federation, Yakutsk, 20/1, Kirov st., International Mas-Wrestling Federation, e-mail: imwf@mail.ru, fax: +7 411 2 340 090, tel. + 7 4112 425 389;
- Latvia, Riga, Latvian Mas-Wrestling Federation, tel. +371 27 822 305, e-mail: dubovs@yahoo.com

Applications signed by the head of the national federation and the doctor, as well as the following documents for each athlete are submitted to the commission for registration and admission of participants to the competition:

- passport;
- life and health insurance policy against accidents (original);

This provision is an official invitation to the competition.